

Chapter 16

1. The term behavioral emergency is defined as:
 - A) a person's mental activity.
 - B) behavior that is within acceptable norms.
 - C) the manner in which a person acts or performs.
 - D) a change in mood or behavior that cannot be tolerated by the person, family, or community.

2. Which of the following terms is defined as a manner in which a person acts or performs?
 - A) mania
 - B) behavior
 - C) neurosis
 - D) psychosis

3. Which of the following factors may alter a patient's behavior?
 - A) low blood sugar
 - B) sufficient oxygen
 - C) thyroid medication
 - D) blood pressure medication

4. Which of the following drugs can produce disruptive behavior?
 - A) aspirin
 - B) alcohol
 - C) tetracycline
 - D) activated charcoal

5. Your patient is lying supine. He is incoherent and sluggish, and his breath smells of alcohol. The police identify him as a chronic alcoholic. What other condition could cause this patient's change in behavior?
 - A) gout
 - B) bursitis
 - C) mild hypertension
 - D) uncontrolled diabetes

6. Which of the following is a typical reason for attempting suicide?
- A) good self-esteem
 - B) a promotion at work
 - C) many close emotional attachments
 - D) loss of a significant family member or friend
7. Organic brain syndrome can be caused by:
- A) depression.
 - B) poor self-esteem.
 - C) loss of a family member.
 - D) a blood clot.
8. A functional disorder of the brain:
- A) can be caused by sudden illness.
 - B) always occurs with tumors.
 - C) is only seen in alcoholics.
 - D) cannot be traced to an obvious change in brain physiology.
9. You are treating an unwilling patient who needs emergency medical care for a severe mental disturbance. As a rescuer, you may have limited legal authority to force a patient to undergo care. Who has authority, in most states, to place a person in protective custody?
- A) a nurse
 - B) a lawyer
 - C) the police
 - D) medical control
10. You have been called to a scene where the patient is displaying violent behavior. You should:
- A) be prepared to spend extra time.
 - B) leave immediately.
 - C) position the patient between you and the exit.
 - D) not identify yourself to the patient.
11. According to the National Institutes of Mental Health, at one time or another some type of mental disorder affects 1 in ___ Americans.
- A) 2
 - B) 3
 - C) 4
 - D) 5

12. The first step in assessing a behavioral emergency is to:
- A) take vital signs.
 - B) protect yourself.
 - C) restrain the patient.
 - D) obtain a past history.
13. Which of the following manners should you use to question a patient with a behavioral emergency?
- A) calm and reassuring
 - B) joyful and lighthearted
 - C) aggressive and purposeful
 - D) authoritative and self-assured
14. The most effective way to manage disruptive patients is to:
- A) confront them and take charge.
 - B) ask questions timidly.
 - C) be direct.
 - D) delay medical treatment until they cooperate.
15. When a patient is not mentally competent to grant consent for emergency medical care, the law assumes that there is:
- A) a reason for restraint.
 - B) a refusal.
 - C) informed consent.
 - D) implied consent.

Answer Key

1. D
2. B
3. A
4. B
5. D
6. D
7. D
8. D
9. C
10. A
11. D
12. B
13. A
14. C
15. D